

Griggs Co Central Cougar Invite  
 Varsity Boys 5000 M

9/10/2016

| Place | Name               | School       | Time  | Team                | Score |
|-------|--------------------|--------------|-------|---------------------|-------|
| 1     | Colton Anderson    | HCV          | 17:08 | 1 Hillsboro /CV     | 37    |
| 2     | Payton Smith       | Carrington   | 17:22 | 2 Rugby             | 47    |
| 3     | Kadin Nepl         | Rugby        | 17:29 | 3 Hatt-North-Thomp  | 120   |
| 4     | Jacob Hendrickson  | HNT          | 17:30 | 4 Lisbon            | 183   |
| 5     | Eli Nelson         | HCV          | 17:33 | 5 Carrington        | 234   |
| 6     | Brett O'Connel     | Rugby        | 17:43 | 6 Central Cass      | 235   |
| 7     | Chase Fossum       | HCV          | 17:50 | 7 Langdon Area      | 257   |
| 8     | Pierce Cooper      | HNT          | 17:55 | 8 MPB               | 268   |
| 9     | Cade Baesler       | HCV          | 18:03 | 9 Grafton           | 277   |
| 10    | Dawson Schepp      | Rugby        | 18:05 | 10 Northern Cass    | 284   |
| 11    | Riley Zachmeier    | Rugby        | 18:07 | 11 Pembina Co North | 330   |
| 12    | Hunter Denault     | PCN          | 18:12 | 12 Ellendale        | 351   |
| 13    | Gavin Jorgenson    | Lisbon       | 18:20 | 13 Griggs Co        | 370   |
| 14    | Joe Hoff           | Norther Cass | 18:20 | 14 New Rock Shyenne | 388   |
| 15    | Kody Pastien       | HCV          | 18:24 | 15 Surrey           | 389   |
| 16    | Ben Mueller        | HCV          | 18:28 | 16 MPCG             | 392   |
| 17    | Gabe Clements      | Rugby        | 18:31 | 17 Larimore         | 461   |
| 18    | Haden Patterson    | HNT          | 18:34 | 18 Harvey           | 500   |
| 19    | Jackson Anderson   | HCV          | 18:39 | 19 Wells Co         | 515   |
| 20    | Josh Vogsland      | Grafton      | 18:41 | 20 Velva            | 527   |
| 21    | Peyton McNea       | Lisbon       | 18:42 |                     |       |
| 22    | Cody PerDue        | MPB          | 18:54 |                     |       |
| 23    | Luke Leshuk        | HCV          | 18:56 |                     |       |
| 24    | Ethan Brown        | Griggs Co    | 18:58 |                     |       |
| 25    | Jack Schaefer      | NRS          | 19:05 |                     |       |
| 26    | Clay Kummer        | Surrey       | 19:05 |                     |       |
| 27    | Cole Horner        | Surrey       | 19:10 |                     |       |
| 28    | Austin Hendrickson | Carrington   | 19:11 |                     |       |
| 29    | Chase Nishek       | Ellendale    | 19:14 |                     |       |
| 30    | Cole Wentz         | Rugby        | 19:15 |                     |       |
| 31    | Wyatt Gage         | Langdon Area | 19:19 |                     |       |
| 32    | Wes Koetz          | Central Cass | 19:26 |                     |       |
| 33    | Arik Christian     | Langdon Area | 19:31 |                     |       |
| 34    | Aaron Ochsner      | MPB          | 19:32 |                     |       |
| 35    | Jacob Kram         | Langdon Area | 19:33 |                     |       |
| 36    | Warren Walker      | Rugby        | 19:36 |                     |       |
| 37    | Garrett Prante     | Central Cass | 19:37 |                     |       |
| 38    | Janzen Peterson    | PCN          | 19:38 |                     |       |
| 39    | Jacob Rexin        | Carrington   | 19:41 |                     |       |
| 40    | Owen Smith         | Ellendale    | 19:49 |                     |       |
| 41    | Jacob Blessum      | Rugby        | 19:50 |                     |       |
| 42    | Spencer Hruska     | HNT          | 19:51 |                     |       |
| 43    | Maverick Coleman   | Lisbon       | 19:51 |                     |       |

|    |                  |              |       |
|----|------------------|--------------|-------|
| 44 | Jacob Eissinger  | MPB          | 19:55 |
| 45 | Logan Kensok     | Griggs Co    | 19:56 |
| 46 | Hunter Hennings  | HCV          | 19:58 |
| 47 | Tommy Kern       | Grafton      | 19:59 |
| 48 | John Paul Snyder | HNT          | 20:02 |
| 49 | Kyle Odegad      | Lisbon       | 20:10 |
| 50 | Steven Stutlien  | Harvey       | 20:11 |
| 51 | Ryan Larson      | Larimore     | 20:14 |
| 52 | Austin Thompson  | Grafton      | 20:15 |
| 53 | Cameron Gilley   | Central Cass | 20:16 |
| 54 | Andrew Volk      | Central Cass | 20:17 |
| 55 | Luke Mager       | HNT          | 20:18 |
| 56 | Landon Rost      | Rugby        | 20:19 |
| 57 | Wyatt Runck      | Lisbon       | 20:32 |
| 58 | Isaac Luithle    | HCV          | 20:32 |
| 59 | Zack Roetz       | Central Cass | 20:35 |
| 60 | Henry Phillips   | Norther Cass | 20:36 |
| 61 | Jacck Steffes    | Norther Cass | 20:37 |
| 62 | Jacob Arnold     | Rugby        | 20:39 |
| 63 | Seth Germundson  | MPCG         | 20:45 |
| 64 | Kade Pollmer     | MPCG         | 20:59 |
| 65 | Micha Nicolai    | NRS          | 21:03 |
| 66 | Caleb Blackwell  | Langdon Area | 21:10 |
| 67 | Nathan Rage      | HCV          | 21:11 |
| 68 | Jase Lehfeldt    | Grafton      | 21:12 |
| 69 | Luke Jacob       | Ellendale    | 21:18 |
| 70 | Jacob Fendrich   | MPCG         | 21:24 |
| 71 | Aaron Huff       | MPB          | 21:29 |
| 72 | Brody Aberle     | Lisbon       | 21:34 |
| 73 | Trisin Johnson   | Norther Cass | 21:35 |
| 74 | Jordan Myers     | Larimore     | 21:36 |
| 75 | Pieter Louters   | NRS          | 21:37 |
| 76 | Nolan Brayton    | Norther Cass | 21:38 |
| 77 | Tyler Irmen      | Velva        | 21:46 |
| 78 | Jaden Friedt     | PCN          | 21:48 |
| 79 | Evan Gross       | Central Cass | 21:48 |
| 80 | Connal Murphy    | Carrington   | 21:52 |
| 81 | Tyler Desherlia  | Lisbon       | 21:58 |
| 82 | Kaden Pastian    | HCV          | 22:00 |
| 83 | Riley Sondrol    | HCV          | 22:08 |
| 84 | Griffen Thomas   | MPCG         | 22:10 |
| 85 | Joe Broadwell    | Carrington   | 22:10 |
| 86 | Caleb Nielsen    | Lisbon       | 22:13 |
| 87 | Damian Pfeifer   | Griggs Co    | 22:15 |
| 88 | Josh Hoffer      | Wells Co     | 22:22 |
| 89 | Jade Alllen      | Central Cass | 22:29 |
| 90 | Noah Flores      | Grafton      | 22:29 |

|                    |              |       |
|--------------------|--------------|-------|
| 91 Alex Jackson    | PCN          | 22:37 |
| 92 Ethan Blackwell | Langdon Area | 22:38 |
| 93 Aaron Cooper    | HCV          | 22:38 |
| 94 Brady Davis     | Carrington   | 22:39 |
| 95 Carson Ketterl  | HCV          | 22:40 |
| 96 Brady Gunderson | Grafton      | 22:41 |
| 97 Bryson Tripp    | MPB          | 22:51 |
| 98 Luke Dryburgh   | HCV          | 23:01 |
| 99 Dylan Bye       | HCV          | 23:02 |
| 100 Carson Herbert | HNT          | 23:21 |
| 101                | Wells Co     | 23:30 |
| 102 Bryce Wadholm  | Ellendale    | 23:31 |
| 103 Andrew Noyes   | Wells Co     | 24:03 |
| 104 Derek Reister  | MPB          | 24:20 |
| 105 Silas Reinke   | Lisbon       | 24:34 |
| 106 Kaden Dramstad | Griggs Co    | 24:46 |
| 107 Andrew Cooper  | HCV          | 25:25 |
| 108 Nick Muncy     | Griggs Co    | 25:26 |
| 109 Lane Odenbach  | MPB          | 27:18 |
| 110 Ethan Sherva   | HCV          | 27:27 |

Griggs Co Central Cougar Invite  
JV Boys 4000 M

9/10/2016

| Place | Name                 | School        | Time  | Team            | Score |
|-------|----------------------|---------------|-------|-----------------|-------|
| 1     | Rhun Lindell         | PCN           | 15:52 | 1 PCN           | 52    |
| 2     | Mark Sammons         | GCC           | 15:56 | 2 GCC           | 87    |
| 3     | Tanner Lundwall      | MPCG          | 16:08 | 3 Rugby         | 100   |
| 4     | gabe Dramstad        | GCC           | 16:25 | 4 Grafton       | 103   |
| 5     | Connor Praska        | HNT           | 16:28 | 5 HNT           | 108   |
| 6     | Noah Helgoe          | PCN           | 16:49 | 6 MPCG          | 113   |
| 7     | Colin Adam           | Rugby         | 17:08 | 7 BCN           | 118   |
| 8     | Franklin H           | BCN           | 17:09 | 8 Northern Cass | 119   |
| 9     | Isaiah Dominguez     | Grafton       | 17:09 | 9 Carrington    | 120   |
| 10    | Damian Avila         | PCN           | 17:19 | 10 LaMoure      | 121   |
| 11    | Matthew Christiansen | LaMoure       | 17:37 | 11 Larimore     | 125   |
| 12    | Seth Sondeland       | PCN           | 18:12 | 12 Wells Co     | 128   |
| 13    | Oliver Flores/Rios   | Grafton       | 18:33 | 13 Ellendale    | 129   |
| 14    | Adam Gorseth         | Carrington    | 18:39 |                 |       |
| 15    | Kolton Moen          | Larimore      | 18:42 |                 |       |
| 16    | Malachi Dosch        | Rugby         | 18:43 |                 |       |
| 17    | Ethan Phillips       | Northern Cass | 18:52 |                 |       |
| 18    | Matthew Sjoquist     | Wells Co      | 19:15 |                 |       |
| 19    | Ian Wagner           | Ellendale     | 19:30 |                 |       |
| 20    | Riley Odden          | Rugby         | 19:53 |                 |       |
| 21    | Dallas Frueh         | Northern Cass | 21:01 |                 |       |
| 22    | Alex Sebekow         | HNT           | 22:24 |                 |       |
| 23    | Jon Mostad           | PCN           | 22:40 |                 |       |
| 24    | Trenton Sanford      | Rugby         | 23:12 |                 |       |
| 25    | James McGuire        | Carrington    | 26:00 |                 |       |

Griggs Co Central Cougar Invite  
JH Boys 3000 M

9/10/2016

| Place | Name               | School       | Time   | Team           | Score |
|-------|--------------------|--------------|--------|----------------|-------|
| 1     | Scott Gapp         | Langdon Area | 11:56  | 1 Langdon area | 71    |
| 2     | Theo Thurber       | Ellendale    | 12:023 | 2 HNT          | 88    |
| 3     | Caleb Hetler       | Langdon Area | 12:52  | 3 Richaland    | 99    |
| 4     | Zach Ringdahl      | Richland     | 12:57  | 4 Griggs Co    | 114   |
| 5     | Travis Wenzel      | BCN          | 12:59  | 5 Central Cass | 118   |
| 6     | Aaron Moser        | GCC          | 13:06  | 6 BCN          | 121   |
| 7     | Rayne Korsmo       | HNT          | 13:23  | 7 Ellendale    | 128   |
| 8     | Kaden Jensen       | NRS          | 13:26  | 8 Surrey       | 133   |
| 9     | david Schmidt      | MPB          | 13:34  | 9 NRS          | 134   |
| 10    | Alex martel        | Richland     | 13:41  | 10 MPB         | 135   |
| 11    | Sam Faleide        | Central Cass | 13:45  | 11 MPCG        | 136   |
| 12    | Damien PerDue      | MPB          | 13:45  | 12 MPB         | 138   |
| 13    | Tucker Regner      | Langdon Area | 13:49  | 13 Grafton     | 141   |
| 14    | Matthew Burgh      | Central Cass | 14:06  |                |       |
| 15    | Tyson Loge         | GCC          | 14:11  |                |       |
| 16    | Adam Bina          | HNT          | 14:15  |                |       |
| 17    | Ben Rowan          | HNT          | 14:22  |                |       |
| 18    | Reese Nygaard      | HNT          | 14:39  |                |       |
| 19    | Robert clapper     | Surrey       | 15:07  |                |       |
| 20    | Wyatt Demers       | Grafton      | 15:11  |                |       |
| 21    | Tyler Sher---      | Surrey       | 15:16  |                |       |
| 22    | Joer Carr          | MPCG         | 15:17  |                |       |
| 23    | Casey Everson      | BCN          | 15:29  |                |       |
| 24    | Logan Kummer       | Richland     | 15:43  |                |       |
| 25    | Alexander Brinegar | Langdon Area | 15:59  |                |       |
| 26    | Sterling Minkler   | MPCG         | 16:04  |                |       |
| 27    | Lucas peterson     | MPCG         | 16:10  |                |       |
| 28    | Charlie Kern       | Grafton      | 17:26  |                |       |
| 29    | Taylor Lysne       | Langdon Area | 18:45  |                |       |

Griggs Co Central Cougar Invite  
Varsity Girls 5000 M

9/10/2016

| Place | Name                | School        | Time  | Team               | Score |
|-------|---------------------|---------------|-------|--------------------|-------|
| 1     | Cailee Peterson     | MPCG          | 19:11 | 1 Hatt-North-Thomp | 69    |
| 2     | Amanda Jarrett      | Carrington    | 20:08 | 2 Rugby            | 88    |
| 3     | Grace Bachmeier     | Surrey        | 20:18 | 3 Ellendale        | 167   |
| 4     | Jakkia Duffy        | LaMoure       | 20:24 | 4 Lisbon           | 173   |
| 5     | Mackenzie Holkesvig | HNT           | 20:31 | 5 Grafton          | 174   |
| 6     | Mikayla Koenig      | Griggs Co     | 20:35 | 6 Carrigton        | 182   |
| 7     | Lana Krack          | HNT           | 20:35 | 7 Northern Cass    | 193   |
| 8     | Ashley Neumiller    | Carrington    | 20:44 | 8 New Rock Shyenne | 205   |
| 9     | Ahna Mehus          | MPCG          | 20:50 | 9 MPCG             | 213   |
| 10    | Megan Howell        | Lisbon        | 21:01 | 10 Surrey          | 225   |
| 11    | Ellie Duchscherer   | Rugby         | 21:10 | 11 Wells Co        | 289   |
| 12    | Chloe Thurber       | Ellendale     | 21:19 | 12 Larimore        | 291   |
| 13    | Kennedi Soine       | HNT           | 21:27 | 13 Langdon Area    | 294   |
| 14    | Tristin Lunde       | Rugby         | 21:33 | 14 Velva           | 299   |
| 15    | Amy Horter          | Grafton       | 21:36 | 15 Central Cass    | 300   |
| 16    | Quinn Nepl          | Rugby         | 21:42 | 16 LaMoure         | 304   |
| 17    | Kristina Brossart   | Rugby         | 21:43 | 17 Griggs Co       | 312   |
| 18    | Ellen Gregoire      | Larimore      | 21:45 | 18 MPB             | 326   |
| 19    | Hannah Haley        | NRS           | 21:52 | 19 Barnes Co North | 335   |
| 20    | Brittney Reister    | MPB           | 21:57 |                    |       |
| 21    | Anne Mager          | HNT           | 21:57 |                    |       |
| 22    | Airial Johnson      | Northern Cass | 22:25 |                    |       |
| 23    | Leah Stang          | HNT           | 22:34 |                    |       |
| 24    | Sam Bosch           | Northern Cass | 22:34 |                    |       |
| 25    | Emily Beck          | Wells Co      | 22:39 |                    |       |
| 26    | Carlee Sieben       | Grafton       | 22:39 |                    |       |
| 27    | Kendra Odegard      | Lisbon        | 22:40 |                    |       |
| 28    | Mindee Boyce        | Surrey        | 22:47 |                    |       |
| 29    | Tess Scott          | BCN           | 22:52 |                    |       |
| 30    | Taylor Nelson       | Rugby         | 23:07 |                    |       |
| 31    | Andrea Arnold       | Rugby         | 23:12 |                    |       |
| 32    | Abby Faleide        | Central Cass  | 23:26 |                    |       |
| 33    | Avalon Kelly        | Lisbon        | 23:28 |                    |       |
| 34    | Alicia Westrick     | Northern Cass | 23:47 |                    |       |
| 35    | Abbi Wadholm        | Ellendale     | 23:55 |                    |       |
| 36    | Alex Couch          | Wells Co      | 24:01 |                    |       |
| 37    | Destiny Dominguez   | Grafton       | 24:01 |                    |       |
| 38    | Annie Brayton       | Northern Cass | 24:05 |                    |       |
| 39    | Anna clements       | Rugby         | 24:11 |                    |       |
| 40    | Madison Gapp        | Langdon Area  | 24:11 |                    |       |
| 41    | Mindy Vollmer       | Velva         | 24:13 |                    |       |
| 42    | Ashlyn Benson       | NRS           | 24:27 |                    |       |
| 43    | Cambee Ferguson     | Surrey        | 24:48 |                    |       |

|    |                   |              |       |
|----|-------------------|--------------|-------|
| 44 | Becca Allmaras    | NRS          | 24;57 |
| 45 | Rachel Mack       | Velva        | 24;59 |
| 46 | Lily MaKay        | Grafton      | 25;07 |
| 47 | Callie Perry      | Langdon Area | 25;09 |
| 48 | Jenna Baarson     | Lisbon       | 25;10 |
| 49 | Elizabeth Widmer  | NRS          | 25;16 |
| 50 | Meredith Dumas    | Grafton      | 25;20 |
| 51 | Gretchen Berquist | NRS          | 25;21 |
| 52 | Morgan palmer     | MPCG         | 25;34 |
| 53 | Casey Mack        | Carrington   | 25;54 |
| 54 | Dessa Denich      | Rugby        | 25;57 |
| 55 | McKenzie Metzen   | Lisbon       | 26;04 |
| 56 | Carmen Entzminger | Carrington   | 26;25 |
| 57 | Deanna Piatz      | Larimore     | 26;39 |
| 58 | Bethany Corcoran  | Central Cass | 26;48 |
| 59 | Alyssa Nishek     | Ellendale    | 26;56 |
| 60 | Claire Suda       | Grafton      | 27;08 |
| 61 | Kennedy Schimke   | Ellendale    | 27;14 |
| 62 | Ashley Volliner   | Velva        | 27;27 |
| 63 | Jacey Retzlaff    | Carrington   | 27;30 |
| 64 | Sara Hodek        | Langdon Area | 27;55 |
| 65 | Mary Gorman       | Larimore     | 28;15 |
| 66 | Brenna Lukes      | Lisbon       | 28;59 |
| 67 | Katy Lemar        | Central Cass | 29;05 |
| 68 | Grace Whalen      | Grafton      | 29;42 |
| 69 | Rachelle Anderson | Central Cass | 30;01 |
| 70 | Rachel Cheatley   | Langdon Area | 30;15 |
| 71 | Clara Heid        | LaMoure      | 30;24 |
| 72 | Brittney Muske    | LaMoure      | 33;06 |
| 73 | Hannah Lundeby    | Langdon Area | 33;41 |
| 74 | Korrina Houle     | Central Cass | 34;24 |

Griggs Co Central Cougar Invite  
JV Girls 4000 M

9/10/2016

| Place | Name             | School  | Time  | Team               | Score |
|-------|------------------|---------|-------|--------------------|-------|
| 1     | Nora Peterson    | MPCG    | 17:48 | 1 Pembina Co North | 52    |
| 2     | Jordan Jenson    | PCN     | 18:01 | 2 MPCG             | 67    |
| 3     | Isabell Parker   | MPCG    | 18:06 | 3 Rugby            | 73    |
| 4     | Alea Manley      | PCN     | 18:24 | 4 GCC              | 83    |
| 5     | Keely Arnston    | Rugby   | 18:54 | 5 HNT              | 90    |
| 6     | Alexis Heidler   | PCN     | 19:06 | 6 Grafton          | 96    |
| 7     | Skylar Carr--    | HNT     | 19:09 | 7 LaMoure          | 114   |
| 8     | Morgan Verke     | HNT     | 19:11 |                    |       |
| 9     | Braelynn Oppen   | Rugby   | 19:29 |                    |       |
| 10    | Paige Bennington | Grafton | 19:31 |                    |       |
| 11    | Cortney Hornung  | GCC     | 19:41 |                    |       |
| 12    | Karly Just       | LaMoure | 20:27 |                    |       |
| 13    | Claire Woodstead | GCC     | 20:29 |                    |       |
| 14    | Hailey Berg      | MPCG    | 20:36 |                    |       |
| 15    | Sarah Berger     | Grafton | 20:39 |                    |       |
| 16    | Maezy Myers      | GCC     | 20:45 |                    |       |
| 17    | Tesha Sobolik    | Rugby   | 21:31 |                    |       |
| 18    | Arrian Hoffret   | Rugby   | 21:44 |                    |       |
| 19    | Jade Nelson      | PCN     | 22:32 |                    |       |
| 20    | Tianni Pfeifer   | GCC     | 22:39 |                    |       |
| 21    | Elizabeth Bauman | PCN     | 22:51 |                    |       |
| 22    | Sandra Kjelland  | Grafton | 23:33 |                    |       |
| 23    | Joelle Sherlock  | GCC     | 26:20 |                    |       |



Griggs Co Central Cougar Invite  
JH Girls 3000 M

9/10/2016

| Place | Name              | School        | Time  | Team             | Score |
|-------|-------------------|---------------|-------|------------------|-------|
| 1     | Grace Gruaugh     | Surrey        | 13:16 | 1 Surrey         | 72    |
| 2     | Chloe Heinz       | NRS           | 13:30 | 2 HNT            | 74    |
| 3     | Claire Snyder     | HNT           | 14:01 | 3 PCN            | 84    |
| 4     | Taytum Vogel      | Central Cass  | 14:02 | 4 HCV            | 90    |
| 5     | Cali Kummer       | Surrey        | 14:09 | 5 NRS            | 92    |
| 6     | Eliie Brown       |               | 14:16 | 6 Central Cass   | 94    |
| 7     | Grace Narloch     | Grafton       | 14:56 | 7 Grafton        | 97    |
| 8     | Maya Sumra        | PCN           | 15:23 | 8 MPCG           | 99    |
| 9     | Tatum Limke       | HCV           | 15:36 | 9 Griggs         | 106   |
| 10    | Lily Crosby       | PCN           | 15:36 | 10 Northern Cass | 108   |
| 11    | Bailey Adam       | Richland      | 15:59 |                  |       |
| 12    | Elaine Martinez   | PCN           | 16:10 |                  |       |
| 13    | Crosby Patterson  | HNT           | 16:42 |                  |       |
| 14    | Alixis Morowski   | MPCG          | 17:18 |                  |       |
| 15    | Lora Ensign       | HCV           | 17:35 |                  |       |
| 16    | Abby Haugen       | GCC           | 17:53 |                  |       |
| 17    | Arrvyn Berke      | HNT           | 18:19 |                  |       |
| 18    | Mia Severson      | Northern Cass | 18:50 |                  |       |
| 19    | Kyra Mortenson    | MPCG          | 19:48 |                  |       |
| 20    | Angelica Barragan | HNT           | 20:33 |                  |       |